



personal debt.



know.

- People in the UK owed over one and an half TRILLION pounds at the end of April 2018. Average credit card debt per home is £2,613.
- 1 person is declared bankrupt every 4 minutes 44 seconds.
- Some people get into debt to survive; other people are caught up in a culture of buying luxuries they can't afford.

pray.

- For people in debt – it can lead to suicide, family breakdown, etc.
- For changes to the law that will stop companies being able to exploit people with high interest and trap them in debt.
- For Christians and churches to offer help and hope to people regardless of why they're in debt.

act.

- Learn how to budget well and use money wisely. Set an example to those around you.
- Cultivate a generous heart. Ask God for opportunities to give money away.
- Find out where people in debt can get support ([link below](#)) so you can point them to help that's available.