

ADDICTION

Churches across Britain are helping people struggling with addictions of all kinds. The organisations and projects below will help you if you're looking for examples you can replicate or learn from...

Christians Against Poverty (CAP) Release Groups

Empowering churches across the country to help people break free from life-controlling habits, such as drinking, smoking, gambling or internet addictions. Full training is offered by CAP to enable to deliver the Release Course. www.capuk.org

Naked Truth Project

Helping people to overcome addictions to pornography, as well as offering courses for parents to help them with their children's access to porn. They offer training and tools for churches, including a teaching pack. <http://thenakedtruthproject.com/>

Living Recovery

Part of the Life for the World (LFTW) Trust, Living Recovery Centres are a complete package offered to churches wanting to run a Structured Day Recovery Programme, to support those with addictions, particularly substance abuse. LFTW also offers training to equip local churches and Christians working with addicts or their families. <http://www.living-recovery.org/>

RHM Recovery

A Christian charity that helps people who want to overcome addictions including to alcohol, drugs, sex, gambling and overeating. They also provide training and materials to churches that want to open a recovery centre and run an RHM 12-step Recovery Class. <http://www.rhm.org.uk/>

The Bridge, Birmingham

The Bridge is an example of best practice in helping those caught in addiction to move from recovery to independent living. It began in 1999 in partnership with Oasis Church. It is run separately, but the church provides people and funding to support the project, which currently runs three supported houses. <http://www.thebridge.uk.net/>

Drug Proof Your Kids

DPYK is a course created by Care for the Family to equip parents and carers to empower their children to make good choices when it comes to alcohol and drugs. Materials and training to deliver the course are available from Care for the Family. www.careforthefamily.org.uk

You can find our latest blogs, research and media on the issue of addiction [here](#)...